

# good mood

**COMPLEMENT THE CUISINE WITH** an equally impressive setting. Visit these places to stimulate both sight and palate.

## THE ESTABLISHMENT

When an establishment is confident enough to name itself with the no-frills name The Establishment, expectations are set high. And judging from its success, everyone is pleased with its four restaurants to satisfy every palate: The Tulipan Spanish Bar, The Hall Spanish Tapas Restaurant, The Crystal Room French Fine Dining and the Oriental Chinese Restaurant.

Specialties include the Cochinillo Lechon Croquette and Paella Tulipan. The chef of the Crystal Room is Godfrey Laforteza, a chef who has worked in the renowned French restaurant Jean Georges in New York and Nobu in Hong Kong.

Mania's chichi set is known to be drawn to this sophisticated venue, and the interiors reflect this fact. Each section of The Establishment is elaborately decorated to create a mood of decadence that is the perfect backdrop for the equally impressive cuisine.

The Establishment is located at Unit A, The Fort Entertainment Complex, 26th Street cor. 4th Avenue, Fort Bonifacio Global City, Taguig. For reservations, call 844-6364 or (0916) 494-6390.



## LE BISTRO

Le Bistro is a re-imagined version of the ubiquitous coffee shops that are scattered around the metro. It distinguishes itself by using Sustainable Food, which are ingredients that come from local farms and markets. In fact, the beans used in its coffee drinks are organically grown in the Philippines.

The stars of the menu include the Mushroom Burger and Malunggay Pesto Pasta with Herb Chicken. They also have a choice selection of wines and alcoholic drinks for those who want to experience a different kind of oasis after office hours. Cocktail hours are from 5:00 p.m. until 8:00 p.m. Mondays through Fridays.

With its interesting food, relaxing ambiance, spacious interiors, accessibility from the business district and free wifi to boot, this new bistro café shall soon be a favorite spot for the weary warrior of the concrete jungle.

Visit Le Bistro at Fraser Place, Valero Street cor. H.V. De la Costa. Call 403-1841 for reservations. Other branches are located at NAIA Terminal 2 and 3 of the international airport in Pasay.

