

The cool relaxing interiors at Le Bistro Vert set the mood for unhurried meals



The Green Room

Your choice of breakfast (or lunch) can do more than just sustain you through the day. If you choose to have it at Le Bistro Vert, you can order healthy foods and support local farmers, too.

The French name translates into 'The Green Bistro' to reflect the restaurant's core direction: the support of local farmers and small communities who produce artisanal food specialties, as well as to serve healthy yet tasty cuisine. A well-considered menu features local flavors with a twist, as Asian culinary culture comes to meet the rich traditions of European cuisine.

Favorites on the menu include the mouthwatering Walnut and Herb-crusted Sole Fillet, Thai-style Fish Cake, Smoked Fish Puttanesca, Sagada Orange Salad, Spiced Pumpkin Soup, Arugula Davao Blue Salad and Tagaytay Farmed Vegetable Lasagna, Prawn Avocado and Prosciutto, and Four-cheese Malagos Sandwich, to name a few. ■

Le Bistro Vert is located at Streetside, Fraser Place, Ground Floor Fraser Tower, Valero Street, Salcedo Village, Makati City.



Chicken and pork adobo sushi with Sagada rice served with soy sauce



Arugula, Davao blue cheese, apple shreds with balsamic dressing

IN A NUTSHELL

While the humble potato is easily digestible, fat free and cholesterol free, the potato's calorie count can triple with frying.—*The Food Lover's Tiptonary*